

In this fun and informative 3 hour hands-on workshop, we'll explore the medieval gardens of famous women physickers, sometimes known as "witches." You'll be able to design your own "herbal" gardens using the laminated healing herbs chart provided and concoct the teas documented in recovered manuscripts. While we learn about, identify, and gather the herbs we'll need from the Sass Family Farm garden, relax with any adult beverages you care to bring along and enjoy the hors d'oeuvres provided by one of our partnered local chefs. Then we'll try our hand at creating our own recipes, taste some contemporary spins on medieval teas and elixers, and make a variety of your favorite tea combinations into satchels that you can take home.

Price: \$35 per person, includes all materials and hors d'oeuvres.

Location: Sass Family Farm Event Room.

3060 160th St, Riverside, IA. 319-648-3788

Book by going to <http://sassfamilyfarm.com/events/> or email at sassfamilyfarm@outlook.com for group bookings.

Herbal Workshop

Bree Neyland



The Witch's Garden

Bree Neyland has a PhD in Environmental Rhetoric and has taught environmental fiction and nature writing at Loras College where she was an Associate Professor of Literature.

She was also the owner of Tanglepath Herbs, a small backyard organic herb farm. She spends as much time as she can in her country garden with her animals and plants.